



It's easy to get in touch with us,
by phone, email or post

Telephone
0800 232 1762

Email
rowland.hill.fund@royalmail.com

Post
Rowland Hill Fund, Royal Mail,
185 Farringdon Road,
London, EC1A 1AA

Feeling First Class:
Support
0800 6888 777
option 1, then option 4
Lines open 24/7 Confidential service

Visit our website
www.rowlandhillfund.org

or email us
rowland.hill.fund@royalmail.com

Follow us



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Rowland
Helping each other
in times of need Hill
Fund



A helping hand for managers

Learn about the Rowland Hill
Fund and how it can help

The Charity for Royal Mail &
Post Office colleagues, pensioners
and their dependants





Are you responsible for people?

Being a manager is not always easy. Leading a team can mean you are expected to be all things to all people - knowing and understanding when colleagues may need help and support.

We cannot predict the unexpected life changing situations which challenge us to the extreme - accident, illness, sudden death.

We can help

The Rowland Hill Fund offers financial support in times of need. You can refer your people to us with the confidence that we'll do our best to help, treating each case without prejudice or judgement.

- Reduce colleague stress and anxiety
- Manage and reduce sick absence
- Support your Employee Survey Action Plan
- Support the focus on Feeling First Class and our Wellbeing Programme

Call 0800 6888 777

option 1, then option 4 (lines open 24/7)

Here's how we can help



Budgeting:

Help when bills become increasingly difficult to pay

- Rent/mortgage
- Council Tax
- Utility bills

Health:

Help because of illness in the family

- Hospital travelling costs
 - Mobility aids
- Optical and audio aids



Housing:

Help when home modifications are needed

- Installing stair lifts
- Providing other aids, either within or outside the home

General:

Help when major household items need replacing

- Heating & boiler repairs
 - White goods
- Furniture/flooring



Emergency:

Help when an unexpected crisis occurs

- Fire
- Flood

