



Welcome to our Spring newsletter. We hope you enjoy reading it.

## CSiS Charity Fund - you are incredible!

The CSiS Charity Fund has donated a magnificent £65,000 this year. This funding will support grants to beneficiaries as well as refreshing our website. We are deeply grateful to them and value our partnership tremendously. We look forward to working with them on future initiatives.

### Chris Littlejohns retires as Trustee

We want to extend our grateful thanks to Chris who was on our Board for 10 years as a Trustee. Chris has provided guidance to the Fund and its Board, ensuring that the Charity has maximum impact for its beneficiaries. We wish Chris much luck in the future and thank him for his tremendous support over many years.

### Sponsoring Directors

We are delighted to welcome four new Sponsoring Directors whose contribution and experience will be very valuable. We look forward to working with them.

- Anthony Bakes, East Region
- Tony Lewis, Logistics
- Mike Sibley, International
- Alistair Cochrane, Parcelforce

### Valentine's Day Afternoon Tea Fundraiser



We were excited to hold our first Valentine's Day Afternoon Tea Fundraiser which was a great success. The assistance we received was phenomenal and we raised a fantastic £5K. Dr Shaun Davis who is an RHF Trustee hosted the event with enthusiasm and charm. We welcomed Bobby Youle who sang beautifully and created a perfect atmosphere. Special thanks to Quadrant who provided the lovely food free of charge. A number of suppliers sponsored the event and donated raffle prizes. A good time was had by all and we plan on making this an annual event.



### Teams continue to fundraise for RHF

The fabulous Leanne & Janet held a name the bear competition and a coffee morning in Halifax and raised £230. Great effort and atmosphere in the unit!



The sports shirt day at Medway MC organised by the amazing Tim Hyde raised a fantastic £497.25 with RM Matched Funding and Gift Aid. Tim is a great RHF advocate.



Thanks to Sarah Cain and all who made the raffle at Gatwick MC a great success; they raised a magnificent £329.



The Civil Service Insurance Society (CSiS) is a 'not for profit' organisation offering Motor Insurance to all serving and retired Royal Mail and Post Office Ltd people, and their partners. All their surplus income is donated to public service charitable causes, and the Rowland Hill Fund has been a long standing beneficiary. The CSiS can be contacted at <http://www.csis.co.uk>



Annette Thomas and her friends climbed Pen-Y-Fan and raised £487 despite the awful weather. Pictured are Andy Masson, David Patrick, Annette Thomas, Nicola Cowper, Marie Tighe and Mike Cotteral. Thanks to you all for raising so much money.



Thanks so much to Llanelli Delivery Office in the OM Swansea sector who raised £127 by wearing a sports top to work.



A big thank you to Shermeen at Post Office Limited who organised a Spinathon and raised £130.32. Well done everyone and especially our friends at Halfords for their generous time.



WOW ... £500 from a Team Meeting. Thank you Alex Morrison and your merry band!!!



Amazing effort from Phil Mansfield who has been especially proactive and fantastic! £521.75 raised so far with more to come. Thanks Phil.

£137.00 raised by Ursula at Slough Delivery Office. Thanks Ursula

Big thanks to Rita Mooney and the team at Scunthorpe Delivery Office who raised a total of £181.94 from a cake bake - we love an office that love their cake!!!

Thanks to the Parcels team who raised £412 at their meeting on Friday; great support from them.

### Who we helped

#### Joy Clarke White

When a family crisis left Joy Clarke-White in rent arrears and facing eviction, the Rowland Hill Fund got her back on track. Joy, a cleaner at West London delivery office, got into difficulty with payments following the death of her daughter, Nicole. Nicole died aged just 29 from cancer, leaving three young children. As well as helping to organise her funeral in Jamaica, Joy also had to arrange care for her grandchildren. She managed to settle them in Canada with her sister, where they stayed for a few months, before returning to Jamaica to live with their dad. But when another crisis struck, and the children were left alone, Joy had to return to Jamaica to help them resettle in Canada. The flights and ensuing costs left her strapped for cash and struggling to pay rent and she got in touch with the RHF. Joy, who has worked for Royal Mail for 15 years, says: 'They were very helpful and understanding. When you think about three kids in Jamaica with no mother and no father, what's going to happen? I had to go.' The charity gave Joy £2,500 towards her rent arrears, which she says helped 'dramatically'. Joy is still working to pay off her arrears but says the RHF has helped get her back on her feet.



# Can we HELP?

Are you struggling to make ends meet and need some advice and help?  
Call Rowland Hill Fund Helpline on 0345 600 4586.



Are you on Facebook and Twitter?

Are you following us?  
Encourage others to follow us too.